



Life Choices Curriculum Crosswalk

Component: Mental, Emotional, and Social Health; Subcomponent: Emotional Health

- HS.MESH.1: Identify emotions and their effects on the body

Component: Mental, Emotional, and Social Health; Subcomponent: Social Health

- HS.MESH.6: Identify positive ways of resolving interpersonal conflict
- HS.MESH.7: Demonstrate appropriate refusal skills - Component Extension: Practice non-abusive behaviors

Component: First Aid and Safety; Subcomponent: Personal Safety

- HS.FAS.3: Explain how protentional risks associated with technology, transportation, and high risk behaviors affect safety.

Component: Human Growth and Development; Subcomponent: Relationships

- HS.HGD.1: Examine the aspects of positive relationships (e.g., family, dating, friendship, professional, community)
- HS.HGD.2: Determine the influence of families, media, cultural traditions, and economic factors on human development - Component Extension: Negotiation/collaboration skills as helpful/harmful in resolving conflict (e.g., domestic violence, healthy dating)

Component: Human Growth and Development; Subcomponent: Sexuality

- HS.HGD.3: Explain basic structures and functions of the reproductive system as they relate to the human life cycle (e.g., conception, birth, childhood, adolescence, adulthood).
- HS.HGD.4: Recognize abstinence from all sexual activity as a positive choice.
- HS.HGD.5: Identify preventative methods and potential outcomes of engaging in sexual behaviors (e.g., pregnancy, abstinence, adoption, Hepatitis B, STIs). Compare various contraceptive methods in accordance with state/district policy.
- HS.HGD.6: Research the skills necessary for maintaining reproductive health (e.g., self-examinations, annual doctor visits, prenatal care). - Component Extension: Create short and long term life plans.

Component: Substance Use and Abuse; Subcomponent: Health Risks

- Component Extension: Role Playing Pressure Scenarios, multiplier effect.